



WE ARE THE GREAT TURNING

Episode 8: Eros and Thanatos

Check out the [toolkit page](#) for an in-depth guide to bringing the wisdom of this episode deeper into your life: learn more about the *Work That Reconnects*, host discussions about the episodes, and start a podcast club.

Eros and Thanatos resources:

- **BOOK:** [World as Lover, World as Self - Joanna Macy](#)
- **LEADER:** Death Doula, [Alua Arthur](#)—check out her [Instagram](#), [book](#), and [TED talk](#)
- **LEADER:** Nap Minister, [Tricia Hersey](#)—check out her [Instagram](#) and [book](#)
- **LEADER:** Ecosexuality educator, [Annie Sprinkle](#)—check out her [EcoSex Manifesto](#)
- **POEM:** [Pablo Neruda, “Every Day You Play”](#)
- **PODCAST:** [Dr. Kim Tallbear on Reviving Kinship and Sexual Abundance, on For the Wild](#)

Prompts and practices to take this episode deeper into your life:

- **PRACTICE:** [Mirror Walk](#)
- **PRACTICE:** [The Cradling](#)
- **PRACTICE:** Consider holding a [Death Cafe](#), a gathering to raise awareness of death to help people make the most of their lives
- **PRACTICE:** [40 ways to practice pleasure](#)



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Prompts and practices (continued):

- **PROMPT:** In the episode, Joanna warned about “excessive seriousness” and said that now, “perhaps play is more essential than ever.” What role does play have in your contributions to the Great Turning? Does it come easy? Is it difficult to make space for? Where would you like to make more space for play in your work?
- **PROMPT:** Consider this quote from Joanna *“If the end is coming for what we call planet Earth, I want to know as much as I can what it's like to be this planet, or to be an apple tree in an orchard, or a rotten apple on the ground that the pickers missed.”* In what ways are you excited about or intimidated by having this kind of intimacy with the beauty and pain of our world?

Are there resources you'd like to see on this page that aren't here yet? Email us at GreatTurning@SoundsTrue.com.