

Episode 2: The Three Stories of Our Time

Check out the <u>toolkit page</u> for an in-depth guide to bringing the wisdom of this episode deeper into your life: learn more about the Work That Reconnects, host discussions about the episodes, and start a podcast club.

Prompts and practices to take this episode deeper into your life:

- **PRACTICE:** Listen to the accompanying bonus episode.
- **PRACTICE:** The Wheel of the Great Turning (takes 30 minutes).
- **PRACTICE:** Finding the three stories:
 - Get a few copies of different, recent news magazines or newspapers, and cut out stories and headlines that tell each of the three stories.
 - Make three collages together, one for each story OR have every person make one collage that shows all three and share what you found with the group.
 - o Talk about how these stories are (or are not) being told. Are any stories harder or easier to find?
- **PROMPT:** In the <u>episode</u>, Jess and Joanna talked about the fear of "asking too much" and how vulnerable it feels "to commit ourselves to an improbability." Do you experience this? What's it like for you?
- **PROMPT:** Joanna said about the three stories, "We can choose what we want to give our lives to." How do you see the three stories operating in your life? What are you giving your life to? What stories do you tell most often about what's happening in the world?





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Bonus episode:

- Donella Meadows' 1994 Talk "Envisioning A Sustainable World": This is the talk that the exercise in this bonus episode is based on.
- Mobilizing Toward Vision Packet, The Fearless Heart: A great resource for those who want to go deeper into clarifying their vision for the world and their own life.

Are there resources you'd like to see on this page that aren't here yet? Email us at GreatTurning@SoundsTrue.com.

